

# FOOD

# First

## SIKORSKY WEST

Monday - Friday | 5:30 am - 1:00 pm  
MARKETPLACE RETAIL OPEN TO 8.15 PM

### WEEK OF JUNE 8

## GRILL FEATURES

**MONDAY**  
**CHICKEN TENDER BASKET** 9.99  
served with french fries and 16.9oz bottled water

**AVAILABLE ALL WEEK**

**BEEF FRENCH DIP** 11.00  
roast beef, au jus, and provolone cheese on crusty roll

**GRILLED BOURBON SALMON SANDWICH** 12.45  
bourbon glazed salmon filet with fresh sliced cucumber, tomato, and lettuce on brioche



**SWAP YOUR SIDE**

**FIT** supergrain salad with pecans (V)

## DELI FEATURES

**MONDAY & FRIDAY - CREATE YOUR OWN**

**AVAILABLE TUES- THURS**  
includes choice of side

**CARNE ASADA AND BACON WRAP**  
carne asada, scallion bacon cream cheese, roasted corn, pico de gallo, spring mix, and fried onions in a tortilla

**TURKEY SWISS ARUGULA SANDWICH**  
roasted turkey, swiss cheese, arugula, and herbed mayo on baguette

**SWAP YOUR SIDE**

**FIT** supergrain salad pecans (V)

## PICCOLA ITALIA

chicken ranch pizza -\$12  
jerk brisket rasta pasta-\$10  
chicken cordon blue calzone-\$9.50

# SOMETHING DELICIOUS AWAITS YOU

## RISE & SHINE



### Breakfast Specials

**MONDAY-** double double special with 16.9oz water or medium house coffee 7.05  
**TUESDAY-** french toast club with fried egg 7.65  
**WEDNESDAY-** applewood bacon egg & cheddar breakfast flatbread sandwich 7.65  
**THURSDAY -** deluxe crispy chicken biscuit with tater tots 7.65  
**FRIDAY-** loaded hashbrowns with 16.9oz water or medium house coffee 7.05

## MONDAY

**RHYTHM & ROUX: GUMBO OR SHRIMP ETOUFFEE** 11.00/12.45  
vegetable and beyond sausage gumbo (V), chicken andouille gumbo, or shrimp etouffee with steamed rice, fried okra, and a corn muffin

**HOT GRAZE** .70oz

Balsamic braised pork, sear chicken legs with mushroom gravy, sweet potatoes mash, rice, vegetable & more

## TUESDAY

**LITTLE LIME: NACHOS OR TACO SALAD** 11.00  
tex-mex zucchini and red peppers (V), ground beef or **FIT** pollo asado over tortilla chips or in a taco bowl with lettuce, tomatoes, jalapenos, cheese, salsa roja, rice and beans and chipotle crema or cilantro honey lime dressing. add guacamole 2.95

**HOT GRAZE** .70oz

baked potatoes, sweet potatoes, crumble bacon, beef chili, shredded chicken, cheese sauce, broccoli, onion and pepper, mushroom and more

## WEDNESDAY

**GLORY DAYS PATIO GRILL: BUILD YOUR OWN SKEWERS** 13.00  
Marinated & grilled tender beef, chicken with assorted grilled vegetables, potato salad, roasted corn & black bean salad, grilled baguette and 20oz bottled water or soda

**HOT GRAZE:** .70oz

assorted chicken wings with buffalo, jerk sauce, bbq, sweet chili, jamaican beef patties, potato wedges, carrots, celery, blue cheese or ranch

## THURSDAY

**MEZZE: FALAFEL, BEEF & LAMB** 11.00  
choice of **FIT** falafel, **FIT** beef lamb with spanakorizo grains, roasted vegetable, traditional greek chopped salad, hummus, and pita

**HOT GRAZ** .70oz

Sweet and sour beef with pineapple, chili garlic chicken, fried rice, steamed brown rice, dumpling, egg rolls, and vegetables

## FRIDAY

**HOT GRAZE: MAC & CHEESYLOGY** .70oz

white cheddar mac & cheese, Philly steak, pulled chicken, mushroom, onions and pepper, potato wedges and more

## CONNECT WITH Us

westmarketplacestratford

<https://eurestcafes.compass-usa.com/Sikorsky>

Catherine.Carlucci@compass-usa.com

# FOOD

# First

## SIKORSKY EAST

Monday - Friday | 5:30 am - 12:30pm

### WEEK OF JUNE 8

## GRILL FEATURES

**AVAILABLE ALL WEEK**  
includes choice of side

**CHICKEN TENDER BASKET** 9.99  
served with french fries and 16.9oz bottled water

**BEEF FRENCH DIP** 10.00  
roast beef, au jus, and provolone cheese on crusty roll

**GRILLED BOURBON SALMON SANDWICH** 12.45  
bourbon glazed salmon filet with fresh sliced cucumber, tomato, and lettuce on brioche

## DELI FEATURES

**MONDAY & FRIDAY - CREATE YOUR OWN**

**AVAILABLE TUES- THURS**  
includes choice of side

**CARNE ASADA AND BACON WRAP**  
carne asada, scallion bacon cream cheese, roasted corn, pico de gallo, spring mix, and fried onions in a tortilla

**TURKEY SWISS ARUGULA SANDWICH**  
roasted turkey, swiss cheese, arugula, and herbed mayo on baguette

**SWAP YOUR SIDE**  
FIT supergrain salad pecans (V)

## PICCOLA ITALIA

chicken ranch pizza -\$12  
jerk brisket rasta pasta-\$10  
chicken cordon blue calzone-\$9.50



Download the  
Savour app and  
**ORDER TODAY!**

## RISE & SHINE



### FRENCH TOAST CLUB WITH FRIED EGG

french toast griddled brioche roll with bacon, fried egg, tomato jam, lettuce and tomato dusted with powdered sugar  
7.65

### DELUXE CRISPY CHICKEN SANDWICH

deluxe crispy chicken biscuit with tater tots sandwich  
7.65

## MONDAY

### HOT GRAZE

**.70oz**

balsamic braised pork, seared chicken legs with mushroom gravy, sweet potatoes mash, rice, vegetable & more

## TUESDAY

### LITTLE LIME: NACHOS OR TACO SALAD

**.70oz**

tex-mex zucchini and red peppers (V), ground beef or FIT pollo asado over tortilla chips or in a taco bowl with lettuce, tomatoes, jalapenos, cheese, salsa roja, rice and beans and chipotle crema or cilantro honey lime dressing and more

## WEDNESDAY

### GLORY DAYS GRILL: BUILD YOUR OWN KEBOB

**.70oz**

grilled beef, chicken - bob style, assorted grilled vegetables, roasted corn and black bean salad, potato salad, grilled baguette and more

## THURSDAY

### HOT GRAZE

**.70oz**

Sweet and sour beef with pineapple, chili garlic chicken, fried rice, steamed brown rice, dumpling, egg rolls, and vegetables

## FRIDAY

### HOT GRAZE: MAC & CHEESYLOGY

**.70oz**

white cheddar mac & cheese, Philly steak, pulled chicken, mushroom, onions and pepper, potato wedges and more

## CONNECT WITH US

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<https://eurestcafes.compass-usa.com/Sikorsky>

James. Scott 203-386-5131 | [James.Scott@compass-usa.com](mailto:James.Scott@compass-usa.com)

# FOOD

# First

## SIKORSKY WEST 2<sup>ND</sup> SHIFT

Monday - Friday | 3:00pm to 8:15pm  
MARKETPLACE RETAIL OPEN TO 8.15 PM

### WEEK OF JUNE 8



## GRILL FEATURES

NOW SERVING PREMIUM, MADE TO ORDER  
BURGERS AND CHICKEN SANDWICHES

HAND MADE CHEESEBURGER	\$9.75
HAND MADE HAMBURGER	\$9.35
FRESH GRILLED CHICKEN SANDWICH	\$8.80
CHICKEN TENDER & FRIES BASKET	\$9.99
4oz BEEF BURGER	\$4.55
ALL BEEF HOT DOG	\$3.75

### ADD A SIDE

FIT supergrain salad with pecans (V)

## PICCOLA ITALIA

chicken ranch pizza -\$12

jerk brisket rasta pasta-\$10

chicken cordon blue  
calzone-\$9.50

SOMETHING  
**DELICIOUS**  
AWAITS YOU

## DELI FEATURES

### TUESDAY - THURSDAY

#### CARNE ASADA AND BACON WRAP

carne asada, scallion bacon cream cheese, roasted corn, pico de gallo, spring mix, and fried onions in a tortilla

#### TURKEY SWISS ARUGULA SANDWICH

roasted turkey, swiss cheese, arugula, and herbed mayo on baguette

### MONDAY & FRIDAYS - CREATE YOUR OWN

## MONDAY

### HOT GRAZE 5-8pm

.70oz

Balsamic braised pork, sear chicken legs with mushroom gravy, sweet potatoes mash, rice, vegetable & more

## TUESDAY

### LITTLE LIME: NACHOS OR TACO SALAD

.70oz

tex-mex zucchini and red peppers (V), ground beef or FIT pollo asado over tortilla chips or in a taco bowl with lettuce, tomatoes, jalapenos, cheese, salsa roja, rice and beans and chipotle crema or cilantro honey lime dressing and more

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## THURSDAY

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Sweet and sour beef with pineapple, chili garlic chicken, fried rice, steamed brown rice, dumpling, egg rolls, and vegetables

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### HOT GRAZE: MAC & CHEESYLOGY

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white cheddar mac & cheese, Philly steak, pulled chicken, mushroom, onions and pepper, potato wedges and more

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